

Individualised Living Options (ILO) at Yooralla

A new flexible way to live an independent life. There are lots of choices with ILO. You can share your home with friends or housemates or live on your own with the support you need.

Individualised Living Options (ILO) have been introduced by the NDIA to let you, the participant, choose the home you live in and set up supports the way that best suit you. An ILO arrangement is about designing the supports that can allow you to live in a home environment of your choosing.

An ILO arrangement does not provide you with the house itself or assist with the cost of the home (eg. rent or mortgage) that you may wish to live in, but it does assist you to live the best life you want to lead.

Individualised Living Options at Yooralla offers participants;

- Greater flexibility, choice and control
- A good alternative to Supported Independent Living (SIL) and group home living
- A highly individualised customised support package for participants that will help you build a network of supports
- Having ILO funding in your plan will help you work out how you want to live, where you want to live and who you want to live with.

Commencing the ILO Process

There are 2 Stages to creating an ILO arrangement:



STAGE 1 Exploration and Design

The Exploration and Design Stage is where you identify the ILO supports you want. We'll support you to work out where you want to live, who with, what support you'll need, and who you want to provide that support. We will work with you to describe your vision for a great life and then design the type of living arrangements and supports you would need to make that a reality.



STAGE 2 Supports (and Monitoring)

Once the ILO Service Proposal has been approved by the NDIA, this will commence the supports stage of the ILO. The Supports stage is to put the supports that were designed in the exploration and design stage in place. The support depends on how and where you want to live, and what supports you need. This could include things that the NDIS doesn't fund, like the support you get from friends and family.

Frequently Asked Questions (FAQs)

Is an ILO right for you?

An ILO might be right for you if:

- you're 18 or over
- you have a network of family or friends that can be part of your ILO support network
- you need help at home for at least 6 hours each day
- you're willing to invest time and effort towards creating your future home
- you're ready to explore your home and living needs, what you'd like, and are ready to look into potential options

Often, people who know you well can be an important part of helping to explore options and to make decisions. You can involve them in helping to design and manage your ILO, if you want to. Remember, ILO supports will need to meet the reasonable and necessary criteria. If an ILO isn't right for you, there are other home and living supports that might help.

For more information contact

yooralla.com.au/services/accommodation/individualised-living-options-ilo-at-yooralla

Multiple flexible living arrangements – What your living arrangements might look like

There is no one-size-fits-all approach to Independent Living Options (ILO's) as they are highly individualised with multiple types of living arrangements possible.



Living with Housemates

- You can live in a home with one or more flatmates who provide an agreed level of support or companionship
- Your NDIS plan funds can be used to subsidise rent/costs of flatmates
- Support from flatmates can be supplemented by formal supports (e.g. paid Disability Support Worker (DSW)) plus informal supports (family, etc)
- Own home or shared rental
- Good opportunities for expanded social networks



Living alone

- You can live in your own home
- Funded package that has highly flexible, drop-in type support arrangements
- Supplemented by informal supports (e.g. neighbour, family, friends)



Host arrangement

- You live in the home of a non-related person or family (host)
- Host provides in-home assistance, emotional support and a home-like environment for an agreed-level of reimbursement from your NDIS plan
- Supplemented by formal supports



Living Together

- Similar to Housemates model
- Flatmates are previously known to you with an existing relationship (e.g. friends, relative)
- May include more intimate relationships

Why choose Yooralla as your ILO provider?

- We are experts in providing support coordination (and complex support coordination). This is an essential skill to properly explore your living preferences and design an ILO
- We are a large and experienced provider who can offer the full range of supports and services you might need in your ILO
- We are experienced providers of Supported Independent Living (SIL) in a wide range of settings – we will use this knowledge to help you design and implement the best ILO for you
- Our promise to our clients is that your life will be “designed by you, supported by us, and achieved together”. Supporting participants to design and live a great life is at the core of our values.

I'm interested in ILO, what do I do now?

That's great news! The next step is to get in touch with us via

[yooralla.com.au/services/accommodation/individualised-living-options-ilo-at-yooralla](https://www.yooralla.com.au/services/accommodation/individualised-living-options-ilo-at-yooralla)

Our team of experienced staff are here to help answer your questions and work with you every step of the way.