



Respite

Supporting families through the provision of alternative care options.

Yooralla's respite options provide carers of people with disability with the opportunity to take a break from their support role.

We provide alternative care options for the person with disability and opportunities for new or different experiences. Yooralla provides respite options for both children and adults with disability.

Yooralla provides several respite options, from support in your home, to respite within a purpose built house and from a few hours a day, overnight or for several weeks.

Breakaway funding

This service provides funding to carers for planned respite in and out of the home. These funds can be used to enable people to choose the type of respite that best suits individual needs.

To find out more about Breakaway funding, please email breakaway@yooralla.com.au.

Respite Service Coordination

Yooralla provides assistance to the primary carer(s) of a person with disability by assisting them to identify the type of support options that best meet their unique requirements.

The service assists carers in navigating a sometimes complex respite system and is available to people without current case management.

Recreational respite

Yooralla's recreational services provide a broad range activities to people of all ages. Activities can be fun, adventurous or relaxing.

They can be group activities or they can support individual goals and pursuits. They may be day activities, a weekend camp, a week away or even longer.

Recreational activities are great for increasing community participation, building social networks and also provide carers with rest time, knowing their loved one is enjoying a great social experience.



Family based respite

Family based respite provides short-term breaks for children (6 to 12) with a volunteer family in their home or the community.

Yooralla matches the individual with volunteer carers who have similar interests, and supports them to develop a long-term relationship.

Family based respite may be used for short stays, up to 63 days per year. Carers may be singles or couples of any age and carers are supported by a 24-hour on-call service.

Support for Older Carers program

The Support for Older Carers program is designed to support aging carers in accessing and navigating the service system and preparing for the future.

Carers must be over 60 years old (45 if Indigenous) and living within the Eastern Metropolitan region of Melbourne. They must be caring for a person with disability who is under 64 years-of-age.

In home respite

In home respite provides care within your home. This service aims to meet the requirements of the person with disability, their carer and other family members, by being flexible and responsive to individual needs.

To contact in home respite, please email inhome@yooralla.com.au.

Facility based respite

Our facility based respite service offers an environment for people with disability to stay while their carer takes a break.

Facility based respite can be used for a planned rest or emergency accommodation, with stays ranging from overnight to longer periods of time.

Respite stays may be regular or occasional to meet individual needs.

Yooralla's respite facilities provide a comfortable and welcoming environment in purpose built and accessible premises, fitted with assistive technologies.

Individuals have the opportunity to meet and socialise with others of similar age and have access to staff qualified in the specific support of people with disability.

Yooralla's respite houses are located in Box Hill, Glenroy, Reservoir and Benalla.

Contact us

For further information on Yooralla's respite options and supports, please contact us at respite@yooralla.com.au or call **03 9666 4500**.



Need language help?

Contact the Translating and Interpreting Service (TIS) on 13 14 50

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