



Specialist Support Coordination

Easy English

This book explains Yooralla's Specialist Support Coordination service.



You can ask someone to help you to read this book.



Some words in this book are in **blue**. You can find out what these words mean at the end of this book. Go to page **9**.

Specialist Support

Coordination at Yooralla



Yooralla can help people with disability with **complex support needs** through Specialist Support Coordination.

Specialist Support Coordination helps you to



- achieve your **NDIS goals**

and

- get the help you need



even if you have challenges in your life.

These challenges can include

- **mental health**
- **homelessness**
- no **informal supports**
- **complex medical needs**

and

- many others



Our team can help you during every stage of your NDIS journey.

Our team

We have been trained and have lots of experience working with people with disability.



Our Specialist Support

Coordinators may have worked in

- **Allied Health**

- **Psychology**

and

- **Social work.**



They have worked with lots of different

- disabilities

and

- complex support needs.



These disabilities include



- **Physical**
- **Intellectual**
- **Psychosocial**

and

- **Sensory impairments.**

We

- are excellent at **communicating** with you

and

- understand the local community.



We have been trained to work with people from different countries who speak different languages.



How we can help you



We will work with

- you

and

- your support network



to help you achieve your NDIS goals.



We will help you to build your **capacity** and **resilience**.



We will write a **support plan** that helps you achieve your NDIS goals.



We will connect you with

- a support team
- NDIS supports

and

- **mainstream supports**



We will try to fix or prepare for **crisis situations**.



We will work with

- your support team

and

- other specialists



to manage any risk that might stop you achieving your NDIS goals.

We will check that your supports



- will
- or
- have

helped you to reach your NDIS goals.

Find out more about Specialist Support Coordination



Phone 1800 966 725

or

email yoorallaconnect@yooralla.com.au

or

you can contact Yooralla on

www.yooralla.com.au



What the blue words mean

Complex support needs	When you have <ul style="list-style-type: none">• a big challenge or <ul style="list-style-type: none">• more than one challenge in your life
NDIS goals	The things that you want to do in your life <ul style="list-style-type: none">• now or <ul style="list-style-type: none">• in the future that the NDIS gives you funds for
mental health	When you have a mental health problem such as <ul style="list-style-type: none">• Depression or <ul style="list-style-type: none">• anxiety

homelessness	If you don't have anywhere to live
Informal supports	Support you receive from people such as <ul style="list-style-type: none"> • friends • family and <ul style="list-style-type: none"> • the community
Complex medical needs	A serious medical condition or illness that changes what support you need
Allied Health	Support such as <ul style="list-style-type: none"> • physiotherapy or <ul style="list-style-type: none"> • nursing or <ul style="list-style-type: none"> • occupational therapy
Psychology	The study of the brain and mind

Social work	Supporting people in the community such as youth or homeless people
Physical	a physical condition that affects how a person <ul style="list-style-type: none"> • moves <p>or</p> <ul style="list-style-type: none"> • does something
Intellectual	a disability that affects the way your brain works
Psychosocial	A disability that may be a result of a mental health problem
Sensory impairments	A disability that affects your senses. Senses can be <ul style="list-style-type: none"> • sight <p>or</p> <ul style="list-style-type: none"> • hearing
Communicating	<ul style="list-style-type: none"> • writing <p>or</p>

	<ul style="list-style-type: none"> • talking <p>with someone</p>
Capacity	Your ability to do something
Resilience	How you handle things that are hard
Support plan	A list of all the supports you have
Mainstream supports	Supports that aren't just for people with disability
Crisis situations	When things go wrong

The Easy English in this book was written by
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