

What's  
important  
to you?



Because that is what's  
important to us

**yooralla**  
choosequality



**So, what's important to you?  
Is it friends and family, is it  
getting a job, or support to  
go swimming each week?  
Whatever is important to you  
is important to us. We have  
the people and the services to  
make it happen.**

The National Disability Insurance Scheme (NDIS) will start rolling out from 1 July 2016 across Victoria and Australia. This is an exciting time for people with disability and we are here to support you on the journey.

Yooralla has a range of quality services that support people with disability to live independent and fulfilling lives. We've been supporting people with disability for almost 100 years and we'll continue to do so under the NDIS.

Yooralla played a pivotal role in lobbying for the NDIS. In fact, Victoria signed on the dotted line for the NDIS at a Yooralla site in 2013. We witnessed history in the making when the former Victorian Premier Dr Denis Napthine signed Victoria up to the NDIS with former Prime Minister Julia Gillard at a Yooralla house in Reservoir with excited customers and Yooralla team members.

Our services cover every aspect of living - both practical and aspirational. We provide a range of services including:

- a variety of accommodation options
- assistance with activities at home, work, school or in the community
- assistive technology to enable you to maximise opportunities to communicate, move and enjoy life
- access to a great team of physiotherapists, occupational therapists, and speech pathologists to build your daily living skills
- education
- employment
- supporting positive relationships, and
- support connection and coordination.

Here's more detail about how we can support you.

### **Accommodation**

Yooralla provides many accommodation options for people with disability to support people to control and enrich their own lives. By increasing independence and community engagement, we can support you to live the life you choose. Within Yooralla houses, our staff can support you with daily personal care, activities and participation in community life. Yooralla also provides several respite options such as support in your home, or within a purpose-built house. It can range from a few hours a day to overnight, or several weeks.



### **Assistance with activities at home, work, school or in the community**

Yooralla can support you to enjoy the activities that are important to you at home, at your place of employment or learning, or in the community.

Our Community Hubs are places where you can come to gain skills, get out into your local community and make new friends. Yooralla has 17 Hubs across Melbourne and Victoria where you can learn new things at the Hub or explore your local community as part of a group. Some of the most popular activities include gardening, music therapy, swimming, computer skills and day trips to do other fun activities.

Want to do your own thing and explore your own goals your way? We can individualise support at home or in the community to meet your goals and needs. This can be anything from personal support to learning how to drive, swim or cook – it's all about what's important to you.

Yooralla can support you to take part in activities that you enjoy. Or maybe you want to try something new! Our team can create and support fun, adventurous or relaxing activities, whether they are for a day, evening, overnight, a weekend away or even to go on a holiday. Some of our most requested activities include surfing, snow skiing, fishing, golf, a day at the footy, the theatre or a gallery.



### **Assistive technology**

We can support you to use the latest technology to communicate, move and enjoy life. Assistive technology can include equipment to enhance independence, including mobility equipment such as walkers and wheelchairs, right through to home modifications. It can also include specialised devices and mainstream tablets, smart phones and apps for communication, education and work.

Yooralla's Communication & Assistive Technology team works to enhance people's lifestyle and communication skills, by providing information about and access to assistive technologies and equipment. Assistive technology and equipment can support people with disability and the aged, their families and carers to get out and about and communicate with family and friends.

### **Build your living skills with our team of therapists**

Yooralla has a highly qualified team of health professionals who specialise in supporting the physical, communication, and mental health needs of people with disability. This includes physiotherapists, occupational therapists, speech pathologists, nurses and psychologists, who can all support you to achieve your goals. We can support you individually or in a group setting. Yooralla can provide support to adults, children and families, community organisations or other professionals working with people in community settings.



### Learn something new

Yooralla offers a variety of programs that can support you to build your skills or learn new ones – from cooking to handling money, using technology or even gardening – there’s something for everyone.

Yooralla can support you on your journey towards learning new skills, further study or employment. Our programs cater to lots of different needs and interests in a safe and supportive environment. We can support you to learn about using technology such as computers and iPads, budgeting skills, and how to start your journey towards working or volunteering in your local community.

### Employment

Yooralla creates employment opportunities for people with disability. We can support you to engage in meaningful work, earn a wage and prosper from a satisfying and rewarding career. If you’re keen to work, Yooralla can provide employment through our disability enterprises or with our partners in open employment. We have positions available in catering, horticulture and agriculture, manufacturing, packaging and customer service.

### Building positive relationships

Yooralla are specialists in supporting adults and children with challenging behaviour or behaviours of concern. Sometimes people require additional support to understand how they can interact with the world around them in a positive way.

Yooralla can provide positive behaviour support that focuses on building a person’s capacity to control their environment and engage more effectively with others, to ensure their voice is heard.

### Support connection and coordination

Navigating the NDIS and existing funding arrangements is not always easy. We can support you to coordinate services and providers, to develop service agreements, liaise with government agencies, link you to other community activities and coordinate health and medical specialists.

We also offer specialist case management support services for children with complex health and social needs.

Our team of professionals are qualified in social work, health and disability. They can assist you to build the skills that you need to manage your services more independently in the future, or work with you and your support network to facilitate life goals and outcomes that are important to you.

## What is the NDIS?

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The NDIS is a new way of providing funding support to people with disability, their families and carers. It is about giving people with disability choice and control about what they want to do with their lives. The NDIS is a national scheme designed to improve disability services in Australia that aims to provide people with disability with greater choice and control in the development of their support packages.

Yooralla is a registered NDIS provider and an active provider in the Barwon NDIS trial site. Our experience in working in Barwon means that we are well positioned to support you to make the most of the NDIS.

## Why choose Yooralla?

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We want to make sure that people with disability and carers attain the best outcomes possible in the transition to the NDIS by delivering the best service we can in the way that customers want.

Yooralla's vision is for a world where people with disability are equal citizens. We provide quality, sustainable and flexible services that empower you to live the life you choose. Importantly, we seek to provide the highest standards in customer well-being and safeguards.

We have extensive knowledge of the NDIS, having provided services in the NDIS trial region of Barwon.

Since 1918 we have worked with people with disability, their families, carers and support networks. Our long history and legacy of supporting people with disability truly illustrates that what's important to people with disability has always been important to us.

Let us know what you'd like to do, and we can work with you to make it happen.

## Contact us

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For more information on Yooralla's services please contact us.

Phone: **03 9666 4500**

TTY: **03 9916 5899**

Email: **[ooralla@ooralla.com.au](mailto:ooralla@ooralla.com.au)**

Website: **[www.yooralla.com.au](http://www.yooralla.com.au)**



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Contact the Translating and  
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